

# Children and Young People's Health Partnership

Report for the Health and Well Being Board

**The aim of this action focused Partnership is to improve round the clock children's health care by:**

## **Improving primary care access to paediatric advice and skills**

- ✓ To have faster & easier access to specialist advice & care: making a real difference to over 180,000 children and young people living in Lambeth and Southwark.

## **Supporting children, young people and families to live the lives they choose, by helping them to fully manage their condition physically and mentally**

- ✓ Improving the management of long term conditions and mental health, starting with asthma and epilepsy. In the short term this will impact the 8,500 children with asthma and epilepsy in Lambeth and Southwark. In the long term this could benefit all the children and young people living with a long term condition in the two boroughs.

## **Reviewing the needs of young people and seeing how services could better meet their needs**

- ✓ Building on young person centric models and co-designing with young people a service that meets their health needs. Better young people's services will benefit 100,000 young people living in Lambeth and Southwark, particularly vulnerable young people who may not be accessing existing healthcare.

## **Creating a virtual academy**

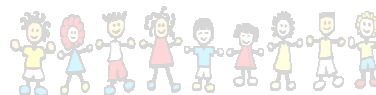
- ✓ Supporting education, self management and accessible information for children, young people and families; supporting a whole school approach to health and well being. This will drive transformative changes in professional education and training, and support children, young people, and families to improve their own health and wellbeing.

## **The focus is on -**

- Preventing ill health
- Helping children and families to better manage their health
- Building on existing services and strategies
- Supporting staff to develop skills and approaches  
To better help families and children.



The Children and Young People's Health Partnership is made up of Lambeth and Southwark CCGs, Southwark GPs, Lambeth GPs, King's College Hospital NHS Foundation Trust, Guy's and St Thomas' NHS Foundation Trust, Evelina London Children's Hospital, South London and Maudsley NHS Foundation Trust, Lambeth Council, Southwark Council, King's College London and children and families. It is sponsored by the Guy's and St Thomas' Charity.



## The Issue

There are over 180,000 children and young people living in Southwark and Lambeth whose every day children's health services face significant problems.

- Between 2011 and 2021, the population of children is projected to increase by 8.5%.
- There is an increasing use of acute services: A&E has seen a 10% rise in attendances by some paediatric age groups in the last two years, a 10% rise in emergency admissions in the under 18s since 2010 and a 13% rise in paediatric outpatients. Most recent data shows that these trends are continuing and are unsustainable both clinically and financially.
- Growing numbers of children and young people live with a long term condition whose needs are often poorly met; by introducing for example, best practice management for children with asthma or epilepsy, including addressing their mental health needs, we could reduce hospital admissions in these groups by over 20%.
- Young people's services are poorly co-ordinated and are often configured in ways that they tell us make it hard for them to access care. This is particularly the case for vulnerable young people who have the greatest health needs.
- Overall, the current health care model for children and young people is unsustainable and is struggling to meet the needs of children effectively.

***The Children and Young People's Health Partnership will be testing and piloting several different health care models underpinned by public health research, across the two boroughs over the next three years, with the aim to mainstream the successful ones by the end of the third year.***



### **Progress Made and Next Steps**

- Overall needs assessment completed for children and also separately for young people.
- Mapping of services completed.
- Data analysis of key areas completed using available data.
- Evaluation proposal and approach developed.

### **Improving primary care access to paediatric advice and skills**

- Five practices have been working with paediatricians to deliver joint GP and paediatric clinics – the in-reach model
- Practices involved with in-reach have had paediatric education sessions to spread learning across the practice work force.
- CYPHP is working with partners in Lambeth North to deliver in-reach in a co-ordinated format across the locality. In Southwark, Bermondsey and Rotherhithe are considering how to scale up in reach to their neighbourhood. All practices will have access by year 3 of the Programme.
- Ten paediatric guidelines have been developed and will shortly be on DSX.
- Ten more paediatric guidelines will be developed over the next three months for DSX.
- GP Hotlines for accessing paediatric advice and rapid access outpatient care have been developed in King's and the Evelina, and the focus is now on working to increase the use of these services.
- Work is ongoing on approaches around improving access to primary care and reducing the use of ED.

### **Holistic Approach to Children with a Long Term Condition**

- Supporting children to live well with their chronic condition is a key aim.
- Models to meet the needs of children with asthma and epilepsy through:
  - Improving prevention and chronic disease management in primary, community and school settings.
  - Meeting mental health and well being needs of children and their parents in managing their conditions.
  - Increasing skills around self management.
- Work around developing models of provision, service specification and options appraisals on providers are being progressed.
- Inhaler training is being planned for staff across secondary and primary care.

### **Young People's Project**

- Young people's services have been mapped, providing detailed local information to clinicians and commissioners. A large scale workshop has taken place, bringing

providers, commissioners and young people together to review increasing accessibility and integration.

- Extensive engagement with children, parents and young people on their needs and views of services has been undertaken and is on going.
- The result of the needs assessment and the views of young people have focused the project on five priority areas:
  - Improving information. The CYPHP is working with existing service information websites in both boroughs to improve the provision of health and health service information on them.
  - Improving access to primary care for young people – a ‘Your Welcome’ type approach to improving access to primary care is being piloted in two practices and we aim to cascade this further. Exploring how mainstream services can be more young people friendly.
  - A holistic hub to support the needs of young people who find accessing primary care difficult is being explored in Southwark. Options on providers and locations are currently being explored. The service will be a drop in provision with a GP, youth work and mental health support worker. There will also be additional pop up clinics else where in the community. Discussions continue with Partners on this.
  - Looked after children have been prioritised as a group where health service access should be improved, potentially through outreach services. This model is still being developed.
  - A young people’s pathway will be developed.

## **Academy**

The focus of the academy is as follows:

- Working with schools to develop wellbeing or academic resilience. All Southwark schools have been contacted to see if they are interested in working with the Partnership and a meeting with schools to discuss the way forward is being scheduled.
- Working with youth workers and social workers around training needs around health and well being.
- Working with families and children to identify how they want to be supported to manage their long term condition. This is being co-produced with children.

## **Discussion:**

The Health and Wellbeing Board are asked to note progress and make any comments to strengthen the over all approach, and particularly that of the Young People’s project which is in its formative stages.