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| Item No. | Classification: Open | Date: 9 June 2022 | Decision maker: Cabinet Member for Health and Wellbeing |
| Report title: | | Community Support and Maintenance – Dementia Grant | |
| Ward(s) or groups affected: | | All Wards - People living with dementia, their families and communities | |
| From: | | David Quirke-Thornton, Strategic Director of Children’s and Adults’ Services | |

RECOMMENDATIONS

1. That the Cabinet Member for Health and Wellbeing formalise a decision to extend a one year grant to the Alzheimer’s Society for the sum of £164,000 effective from 1 April 2022, in order to continue to provide post-diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance (as part of the wider council commitment to an Age Friendly Borough).
2. That the Cabinet Member for Health and Wellbeing note that this proposed decision is supported by the Better Care Fund Planning Group made up of officers from Southwark Council and NHS South East London (SEL) Clinical Commissioning Group (CCG) who are working under the planning assumption that BCF funding continues for 2022-23. This is currently awaiting final confirmation from central government.

BACKGROUND INFORMATION

3. The Cabinet Member for Social Support & Homelessness approved an extension to a one-year grant to the Alzheimer’s Society for the sum of £164,000 effective from 1 April 2021 to 31 March 2022, in order to continue to provide post-diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance. This grant has been extended annually since 2016-17.
4. The service is funded through the Better Care Fund and funds the following services:
 - 3 x Dementia Support Workers
 - 1 x Dementia Action Alliance Coordinator (part time) and associated costs
 - The Daffodil Dementia Café – sessional workers, volunteer and associated costs.

5. Further details of these services, alongside activity data are set out in Appendix 1 of the report.
6. In recognition of the impact of the COVID-19 pandemic on many people living with dementia, who have seen their physical, cognitive and emotional health and wellbeing deteriorate over the last year, the Alzheimer's Society adjusted and continued providing support and advice to people living with dementia and their families. The activity centres were closed at different stages during the pandemic, and face to face meetings substituted for online meetings. Activity packs were sent out to service users and their families, and sessions were held online. Additionally, welfare calls were quickly introduced to clients (whether previous or existing clients) if the support worker felt the clients may have struggled with medical needs, food supplies or prescriptions, and a Companion Calls service was introduced by the society to help ease loneliness and isolation during the pandemic.
7. Both the SEL CCG and the council place particular emphasis upon targeted support for people living with various forms of dementia following diagnosis to remain as independent and connected as possible within their local communities. This is set within the context of the refreshed dementia care pathway as part of the Joint Mental Health and Wellbeing Strategy with the aim of taking a whole systems approach.
8. Additionally, these dementia services form part of a wider theme of "Community Support & Maintenance" within the Better Care Fund.
9. The Dementia Action Alliance (DAA) delivers the Dementia Communities Programme in Southwark, closely linked with the council's Age-Friendly Borough agenda. The Cabinet took the formal decision to develop a DAA in November 2014, and the Southwark DAA was a recognised finalist in the 2017 national dementia awards (Urban Community Category). The membership of the DAA is made up of statutory, voluntary sector and commercial organisations that work together to make Southwark a place where people living with dementia have the support, they need to live their life to the full and remain a valued part of their local community.
10. As a requirement of last year's grant agreement, a revised set of Key Performance Indicators was established with the service provider. This ensured an enhanced focus upon outcomes, service participation and support to carers of people with dementia. This step has also improved the intelligence available to commissioners, generated through the services' engagement and support of local people.
11. Partnership Southwark partners (within Age Well & Care Well) is committed to working in collaboration to support people affected by Dementia to live healthier, happier lives. Clinical and Operational leads who work in this space across the Partnership, including Southwark Council, Southwark Dementia Action Alliance, Alzheimer's Society, and

the South London and Maudsley Foundation Trust (SLaM), have formed a Dementia Friendly delivery group responsible for developing and delivering an integrated programme. One initiative currently being explored is working with care homes and extra care settings to support them to become more dementia friendly. Appropriate service providers and schemes are being identified by the delivery group.

KEY ISSUES FOR CONSIDERATION

12. The Department of Health and Social Care Dementia Prevalence Calculator indicates prevalence rates for dementia are increasing. It is estimated that there are approximately 676,000 people living with dementia in England. In the whole of the UK, the number of people with dementia is estimated to be 850,000. Carers of people living with dementia are estimated to number 540,000 in England with their own set of needs for support.
13. In the summer of 2019, a Dementia Prevention Health Needs assessment completed locally by Public Health indicated that there are a clear number of risk factors associated with dementia, many of which are those stemming from lifestyle choices. Analysis shows that with improved information and support, changes in lifestyle, such as, improved diet, reduced alcohol usage and exercise means that dementia can be prevented and delayed, enabling people to remain healthy, well and independent for longer.
14. Increasing numbers of people living with dementia are requiring increasing levels of care and support across the wider health and social care economy.
15. The number of people aged 65 and over is expected to increase by 12,400 by 2030 (or 45%). As a result, we can expect the overall prevalence of dementia to increase. As age is the biggest risk factor for dementia, increasing life expectancy is the driving force behind this projected rise.
16. Southwark has one of the fastest growing populations in South East London. The population is projected to grow by almost 20% by 2030. Growth is set to continue across almost all areas of the borough but redevelopments around Old Kent Road, South Bermondsey and Elephant and Castle, will lead to significant population increases in these communities.
17. The Prevalence calculator shows that the recorded prevalence in Southwark, has risen locally from 0.23% in 2010-11 to 0.37% in 2017-18 for patients of all ages (1,214 adults). Despite the recent increase, the prevalence is still significantly lower compared to the national and London averages (0.8% and 0.5% respectively).
18. Dementia diagnosis rates have improved in Southwark from 72.3% in

2018 to 78.5% in 2019, as detailed in Southwark's Joint Strategic Needs Assessment (2019). This has led to increased demands on social care and post-diagnostic support services in the voluntary sector.

19. Over the coming decade our population is predicted to grow older: The largest numerical population increase is expected in those aged 35-44, by around 18,000. The largest percentage increase is predicted for those aged 60-69 (52%). It is expected to be an increase by just short of 10,000 people to 28,354 in 2026.
20. It is predicted that by 2030, the number of patients with dementia will grow by over a quarter (28%) in those over 65. This will be an increase by 455 people with dementia aged over 65.
21. It is predicted that the cost of dementia care in Southwark by 2030 will be £144m. Currently, the annual cost of dementia care in Southwark is £86m. Alzheimer's Society Southwark report, (2021).
22. There is considerable economic impact associated with the disease nationally, estimated at £23 billion a year, which is predicted to triple by 2040. This is more than the cost of cancer, heart disease and stroke.
23. As the numbers of people living at all stages of the condition increases, the need for individuals and their carers to receive post-diagnostic support and advice at the right time is rising. Due to the improving rate of early diagnosis within Southwark, there are increasing numbers of people living with a diagnosis at earlier stages of their condition. This grant will provide person centred proactive and timely support, which is key in the development of a refreshed "Dementia Pathway" in Southwark. This will involve a reconfiguration of Voluntary Sector services, Southwark Council's Adult Social Care services and NHS services around targeted populations (alongside the promotion of a dementia-friendly borough).
24. Although dementia is a condition associated with the aging process, the services provided by the Alzheimer's Society also support working age adults with a dementia diagnosis. In 2021-22 Q1 and Q2 performance data shows that 11% (10 people) people assisted by either support workers or the cafés were aged between 45 and 64. The service take steps to ensure that activities and support are also relevant to this younger cohort. So, for example, reminiscence sessions for younger people focus upon more recent past events.
25. There are further opportunities for closer joint working between statutory services with respect to case management. Post-diagnostic support is integral to effective future planning for people living with dementia, as well as support for informal carers to avoid breakdown in family support which could result in admission to a care home or hospital that otherwise might have been avoided. Work continues with the Alzheimer's Society, drawing upon the national development and

promotion of Dementia Connect by the Society to establish how the Alzheimer's Society can further extend support to people living with dementia with multi-morbidity who leave acute care following admission for physical health conditions.

26. Work is currently underway to further improve response times so that people can receive the offer of post-diagnostic support closer to the point of dementia diagnosis. This work includes steps to co-locate with the Memory clinic.
27. Commissioners are working with the Alzheimer's Society to support the implementation of Dementia Connect in Southwark. Dementia Connect provides a number of mediums through which contact can be established and maintained, including virtual tools such as face-time, alongside individual visits. In other areas this has proven to increase service engagement and importantly, participation from under-represented groups such as people from Black and Minority Ethnic backgrounds.
28. Currently, the largest proportion of the grant funds three support workers, who provide targeted support and casework for people living with dementia (and their family and/or carers). They support people after diagnosis and deliver holistic preventative interventions to enable people living with dementia to remain in their home and avoid the need for residential or hospital care. Interventions pre COVID-19 included home visits and meeting with service users and their families and/or carers in the Daffodil cafe. During the pandemic, the service adapted, and all interventions were carried out online and remotely. The Alzheimer's Society are now able to carry out face to face assessments if these cannot be carried out over the telephone and have been provided enhanced health and safety and PPE training.
29. This work often involves having necessary, and often difficult conversations, with people who still retain mental capacity at an early stage of their dementia (for example in relation to lasting power of attorney). Support workers identify and facilitate the required interventions for individuals and their families.
30. The Alzheimer's Society is a member of the Consortium of Older People Services in Southwark (COPSINS) and works in close partnership with other older people charities in the borough. More detail of the services funded by this grant is set out in appendix 1. This provides details of the range of activities and support provided by the Alzheimer's Society alongside the partnerships developed.
31. Pre-pandemic, 102 people attended the two dementia cafes which are held for two hours every week, and 89 people with dementia were engaged in some form of social event through the Dementia Action Alliance. There is a weekly register of service users who attend the cafes but the provider cannot run a report of individual attendance over

the period. However, the provider has a record of weekly meetings and the number of persons in attendance. The service also provides support to carers of people living with dementia through the peer support group.

32. In 2020, 55 carers attended the information sessions which take place once a month. During the lockdowns throughout the pandemic this service continued and was delivered by telephone, every Tuesday by the skilled facilitator. Keeping the telephone calls to the same day each week can be key to a person with dementia's routine. Keeping the telephone calls as a one-to-one service allows the service to be more person centred. The service have also introduced an interim Ring and Sing service for those clients who wish to take part.
33. In August, after being closed for 17 months due to the pandemic, The Daffodil Activity Group in Peckham returned to providing a face-to-face service every week. 12 people attended, with some existing clients being unable to attend due to mobility or health issues. The facilitator continues to introduce new members to this activity group.
34. Referrals to the Alzheimer's Society are reported to have dropped since the pandemic, however referrals are nearly back to previous levels with 133 new people in total being referred to the service in Q1 and Q2 2021-22. In 2020-21, 268 people were referred to the service, made up of 142 carers and 126 people with dementia.
35. Although there are no targets for numbers of referrals, The Alzheimer's Society are exploring ways to work smartly and efficiently with cases, ensuring they are closed in a timely manner, where appropriate. The service manager at the Alzheimer's Society is working with support workers to identify open cases that could be closed to make room to accommodate new referrals.
36. In recognition of the impact of the COVID-19 pandemic on many people living with dementia, who have seen their physical, cognitive and emotional health and wellbeing deteriorate over the last year, the Alzheimer's Society adjusted and continued providing support and advice to people living with dementia and their families. In many cases these are people who are known within the health and care system and voluntary sector partners but may not yet have significant need of social care services. Although the centres were closed during the pandemic, activity packs were sent out to service users and their families, and sessions were held online.
37. The Alzheimer's Society are providing support and advice to people living with dementia and their families who are known within the health system and voluntary sector partners but may not yet have significant need of social care services. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology and healthy living, supporting people with dementia themselves and their families, through often very

complex domestic and personal circumstances. Such timely and targeted interventions can prevent, or delay, reliance upon more expensive services.

Policy framework implications

38. The Care Act 2014 confers duties on local authorities to promote individual wellbeing, establish preventative services, provide information and advice about care and support, and provide appropriate support for adults and their carers. All of the above are fulfilled through this grant for families living with dementia.
39. Southwark's Vision for Adult Social Care is to deliver well-coordinated personalised health and social care services to prevent, delay or reduce the need for care and support to be able to live as independent lives as possible. A new Dementia Pathway is a key strategic priority within the council's vision. Through risk stratification measures there is potential to target individuals at an earlier stage to help them plan more effectively for the future.
40. The recommendation set out in this report supports the council's commitment, mandated by November 2014 Cabinet, to Southwark becoming a dementia friendly community, in line with Fairer Future Promise 10 (making the borough a place in which to age well) as well as being shaped by the Fairer Future Promise 1 (value for money).
41. Southwark Five-year forward view, and the NHS Long Term Plan 2023-24 offers the commitment to upgrade the quality of care and access to dementia services and also focus on prevention of long-term conditions including dementia.
42. The Southwark Health and Wellbeing Board agreed a joint Mental Health and Wellbeing Strategy 2021-24. The vision for the Strategy is to combine high quality commissioning with partnership working to improve the mental health and wellbeing of our local residents.
43. Priorities for the Older People and Dementia work stream within the Joint Mental Health Strategy include supporting those affected by Dementia through innovative service models which include schemes such as enhancing the post diagnosis offer through the co-location of Alzheimer's Society Dementia Advisors to the Southwark and Lambeth Memory Service.
44. Southwark Stands Together has also developed a model of community engagement with the Black Asian and Minority Ethnic communities to inform the commissioning of services that are effective and appropriate to their needs around mental health.

Community, equalities (including socio-economic) and health impacts

Community impact statement

45. Southwark's Borough Plan describes the vision for the borough and sets out priorities and promises to the people of Southwark. The Plan was refreshed in 2020 to consider the progress made since 2018 when it was first developed and to reflect the new demands and priorities Southwark faces from the COVID-19 pandemic.
46. The delivery of this service contract aligns with Southwark's Borough Plan, specifically promoting independence, safety, social inclusion and quality of life for residents through enabling access to community activities and creating a fairer future for all with reduced health inequalities.
47. Southwark Council have recently embarked on the Southwark Stands Together programme which brings together local organisations, community groups and individuals across the borough committing to identify, and then implement solutions to address entrenched racism and injustice. It recognises the importance of listening to the voice of the workforce to hear their concerns and most importantly identify solutions to address areas of inequality by taking positive action to address these imbalances. In addition, the programme seeks to ensure we meet the needs of our residents and ensure those from all ethnic backgrounds are treated equally and fairly, and receive the same service.
48. Partnership Southwark is a Local Care Partnership within South East London Integrated Care System, working with other health, care and non-statutory organisations and local communities to bring together services and support at a neighbourhood level so that they do a better job of keeping people healthy and meeting their needs. Since 2019, they have been working to better join up services and support, tackle the causes of inequality, and improve the health and wellbeing of Southwark residents.
49. Partnership Southwark focuses on the groups most affected by long-standing health, social and racial inequalities. Their work is informed by engaging the community in Southwark to understand their needs, develop services and support that work for them, and empowering people to look after their own wellbeing and live longer, healthier lives, by focusing on prevention and self-management.

Equalities (including socio-economic) impact statement

50. The Public Sector Equality Duty under section 149 of the Equality Act 2010 requires the council, when exercising its functions, to have due regard to:
 - The need to eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under the Equality Act 2010
 - The need to advance equality of opportunity between persons who

share protected characteristics and those who do not, and

- Foster good relations between those who have protected characteristics and those who do not.
51. 'Protected characteristics' are age, sex, race, disability, sexual orientation, marriage and civil partnerships, religion or belief, pregnancy and maternity and gender reassignment. The council is committed to all of the above in the provision, procurement and commissioning of its services, and the employment of its workforce.
 52. The extension of the Alzheimer's Society grant should not have a negative impact in relation to the groups identified as having a "protected characteristic" under the Equality Act 2010 and the councils' equality agenda: Race, Gender, Age, Disability, Faith and Religion, Sexuality, Gender re assignment, Marriage and Civil Partnership and Child Care and Pregnancy. It will benefit those living with dementia.
 53. The information of ethnicity and dementia is limited. The Memory Service diagnostic reports that rates of recent diagnosis amongst Black, Asian and Minority Ethnic communities are around 33%. This is higher than the 19% of the total Southwark older population who are from Black, Asian and Minority Ethnic communities recorded in the 2011 census. The largest Black, Asian and Minority Ethnic communities groups reported by South London and Maudsley NHS Trust are from the African-Caribbean and African communities, corresponding with the wider demographic makeup of the borough.
 54. The limited information of ethnicity and dementia has been identified by the Alzheimer's Society and they are working closely with the Memory Service to look at best practice and to introduce a more streamlined referral form to ensure demographics are recorded for all referrals to the service.
 55. The demographics collected for referrals to the service during 2021-22 Q1 and Q2 details the following breakdown of protected characteristics:
 - Age range covered 45 years to 85+ years of age
 - All service users noted they had dementia or were a carer of a person with dementia
 - Two thirds were female, one third male
 - Service users were from Asian (3%), Black British, Black African, Black Caribbean (17%) and White backgrounds (20%); the majority were not recorded
 - The majority did not state their religion, or stated that they preferred not to say
 - Half stated they were heterosexual, the rest were not recorded

Health impact statement

56. The Health Inequalities Framework, which was approved at the Health and Wellbeing board in March 2021, notes that health inequalities are avoidable, unfair and systematic differences between different groups of people that influence our opportunities for good health, both physical and mental.
57. The Framework notes that the COVID-19 pandemic has exacerbated existing health inequalities in Southwark, impacting all groups but particularly people from Black, Asian and minority ethnic backgrounds, low-income households and those with disabilities.
58. Outcomes from the Southwark Stands Together (SST) programme have been used to develop five recommendations to tackle health inequalities experienced by Black, Asian and minority ethnic communities. The Health Inequalities Framework will incorporate the findings from SST and address these alongside the other influences of inequalities; including other protected characteristics such as socio-economic factors and inequalities experienced by socially excluded groups.
59. One of Southwark's Borough Plan key aims is to support and protect vulnerable residents so that they can lead healthy and active lives. The specialist dementia support provided by the Alzheimer's Society provides support for people living with various forms of dementia to remain as independent and connected as possible within their local communities.
60. Health benefits of the service provision are noted in case studies captured by the Alzheimer's Society, and include:
 - Delaying and reducing the need for care, support & admission to hospital
 - Helping people recover from adverse events, illness, and injury
 - Enhancing quality of life for people with long term conditions
 - Enhancing quality of life for older people with care and support needs
61. All staff employed under this grant funded contract are paid the London Living Wage, and a London allowance reducing health inequalities in Southwark by ensuring people from socio-economic disadvantage are better remunerated for their work and will lead to a more stable, well-equipped workforce that is able to deliver high quality, consistent care for service users.

Climate implications

62. All staff currently employed under this grant funded contract are local residents of Southwark and surrounding London boroughs, and either walk or cycle to work, or take the bus.

Resource implications

63. The grant will be managed through current staffing resources contained within the Partnership Southwark Commissioning Team structure.
64. Monitoring of the grant is based on the conditions of grant funding which amongst other things includes evidence of work being done and outcomes being met. It will be reviewed at least annually by the BCF Planning Group.

Legal implications

65. Please see concurrent from the Director of Law and Governance.

Financial implications

66. The 2022-23 BCF allocation towards Dementia care totals £184,000 via Scheme 20 which is described as “Dementia – Enhanced Neighbourhood Support” under the theme “Community Support and Maintenance”. £164,000 of this allocation is spent on the grant described in this report, with the remaining £20,000 contributing towards the council’s staffing costs for delivering specialist social work intervention for older adults.
67. As the grant is fully funded from BCF it is important that the service continue to fulfil the conditions of the grant. The recent spending revenue has indicated that the funding for BCF is likely to continue into 2022-23 but its future on the medium and longer term remains uncertain.

Consultation

68. This report is informed by the views of the BCF Planning Group which includes health & social care professionals.
69. Service user outcomes and feedback are positive and evidenced through case studies in the service quarterly monitoring submissions by the Alzheimer’s Society as well as visits to the service by commissioners. Clinical and professional feedback during the Dementia Care Pathway review was also positive.
70. There has been positive service user and stakeholder feedback of these services obtained as part of the BCF evaluation. The focus is on maximising their independence and living well with dementia, covering issues such as powers of attorney, assistive technology, and healthy living, supporting people with dementia themselves and their families,

through often very complex domestic and personal circumstances. Such timely and targeted interventions can prevent, or delay, reliance upon more expensive service.

SUPPLEMENTARY ADVICE FROM OTHER OFFICERS

Director of Law and Governance

71. This report seeks approval of the award of further grant funding to the Alzheimer's Society for one year from 1 April 2022 to enable the provision of post diagnostic support to people living with dementia and the continued development of a Dementia Action Alliance as part of the wider council commitment to an Age Friendly Borough. Paragraph 4 summarises the various services that will continue to be funded through the proposed grant award.
72. The decision to approve the report recommendation is one which is expressly reserved to the Cabinet Member under Part 3D of the council Constitution. The proposed grant award is consistent with the council's statutory duties and powers (notably the Public Sector Equality Duty imposed by the Equality Act 2010) and with corporate policy, including the Fairer Future Promises and the five year forward view.
73. These services are regulated by way of conditions of grant funding rather than by more formal commercial contractual conditions. However, the funding agreement with the Alzheimer's Society makes provision for the council to withhold or "claw back" funding if necessary in the event that the required services and service delivery outcomes are not achieved.

Strategic Director of Finance and Governance

74. Not applicable.

Other officers

75. Not applicable.

BACKGROUND DOCUMENTS

| Background Papers | Held At | Contact |
|---|---|--------------------------------|
| Dementia Friendly Communities Cabinet report | Children's and Adults' Services 4 th Floor, Hub 4 Commissioning Directorate 160 Tooley Street, London, SE1 2QH | Sarah Bullman 020 7525 1687 |
| Link (please copy and paste into your browser): http://moderngov.southwark.gov.uk/documents/s49951/Report%20Dementia%20Action%20Alliance.pdf | | |

APPENDICES

| No. | Title |
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| Appendix 1 | Details of the services funded through the grant |

AUDIT TRAIL

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|---|--|--------------------------|
| Lead Officer | David Quirke-Thornton, Strategic Director of Children's and Adults' Services | |
| Report Author | Sarah Bullman, Commissioning Project Officer, Adults and Older People with Complex Needs | |
| Version | Final | |
| Dated | 8 June 2022 | |
| Key Decision? | Yes | |
| CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER | | |
| Officer Title | Comments Sought | Comments Included |
| Director of Law and Governance | Yes | Yes |
| Strategic Director of Finance and Governance | N/A | N/A |
| Cabinet Member | Yes | No |
| Date final report sent to Constitutional Team | | 8 June 2022 |