

<b>Item No.</b>	<b>Classification:</b> Open	<b>Date:</b> 23 September 2021	<b>Decision Taker:</b> Southwark Health and Wellbeing Board
<b>Report title:</b>		Joint Mental Health and Wellbeing Strategy 2021-24 Update	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Genette Laws, Director of Commissioning, Children and Adult Services, Southwark Council Sam Hepplewhite, Place Based Director (Southwark), NHS South East London CCG	

## RECOMMENDATION(S)

1. Note progress made in finalising the Joint Southwark Mental Health Strategy Refresh 2021-24
2. The final draft of the Mental Health Strategy refresh will be brought to the Health and Wellbeing Board for endorsement at its meeting of 1 November 2021, after it has been taken to the Council's Children and Adults Board meeting of 29/09/21 and the Lead Member Briefing of 12/10/21, in line with agreed governance arrangements.

## BACKGROUND INFORMATION

3. The Joint Mental Health and Wellbeing Strategy 2018-21 was approved by the Health and Wellbeing Board in 2018. It was co-produced with input from Southwark's diverse communities and set out a framework for transforming mental health services to ensure that no one was left behind. A key component of the Strategy was to ensure individuals who experienced mental health problems were not stigmatised or marginalised and experienced health and social care services treat the mind and body equally.

## KEY ISSUES FOR CONSIDERATION

### 4. National and Local Developments 2018-2020

Several significant events took place after the Strategy was agreed, including the global COVID-19 pandemic, and the publication of national frameworks that needed to be considered in developing priorities for mental health services. These included the *NHS Long Term Plan* and *Modernising the Mental Health Act: Increasing choice, reducing compulsion*, among others.

A national survey conducted before the coronavirus pandemic revealed that significant numbers of adults in England had experienced symptoms of a common mental health problem and/or had considered taking their own life at some point. Nearly half of adults believed that they had had a diagnosable mental health problem during their lifetime, but only a third had received a formal diagnosis, indicating substantial unmet needs.

There have also been a number of local initiatives since the publication of the Mental Health Strategy 2018-21, the outcomes from which need to be taken account of in developing local priorities for mental health services.

These include:

- *Southwark Stands Together*, a borough-wide initiative established in response to the killing of George Floyd which aims to better understand the injustice and racism experienced by Black, Asian and Minority Ethnic communities to be able to deliver a fairer and more equal society. It is a long-term programme of positive action, education and initiatives for the Council to work in solidarity with Southwark's Black, Asian and Minority Ethnic communities and the Council's staff to tackle racism, injustice and inequality.

*Southwark Stands Together* has developed a model of community engagement for use with the Black, Asian and Minority Ethnic communities who have been disproportionately affected by the pandemic and are underserved by local provision, to inform the commissioning of services that are effective and appropriate to their needs around mental health.

The Council's Public Health division is developing a new health inequalities framework to support the implementation of the *Southwark Stands Together* recommendations.

- The *South London Covid-19 Preventing Mental-ill Health Taskforce* was created by the three South London mental health trusts in response to the pandemic to drive a long-term programme focused on working upstream and preventing people falling into mental health crises. The Taskforce has representation from south London Mental Health Trusts, CCG partners, local authorities, Healthwatch, Public Health England, Citizens UK, Black Thrive and experts by experience.

The Taskforce commissioned a four-month community listening campaign involving more than 5,700 people from south London boroughs in the *South London Listens* campaign.

*South London Listens* identified key priority areas for action that were agreed by borough health and social care decision-makers. These include:

- development of a mental health champions programme to counter social isolation and loneliness through community involvement
- paying the London Living Wage to all employees of south London Mental Health Trusts, CCGs and Local Authorities
- create virtual waiting rooms for children and young people referred to mental health services to support teachers, parents and young people whilst waiting for services to start
- establish parent-led groups across south London to improve parental mental health through peer-to-peer support and community-led mental health solutions that have been co-produced with them
- Mental Health practitioners in community organisations to enable migrants, refugees, and diaspora communities to access mental health services designed for them by building trust among them
- and provide services for migrant, refugee and diaspora communities
- develop a culturally capable workforce by inviting community institutions to input to the training of mental health staff

System-wide key decision-makers in South London signed up to all the above to enable joint work and collaboration between stakeholders from across Southwark's health and care economy to deliver the above. Encouragingly, Southwark had already made progress locally on a number of the above.

- In light of the above national and local developments, the Health and Wellbeing Board agreed a refresh of the 2019-22 Strategy to reflect the above developments and review the Strategy's priorities whilst retaining the good work that still held true.

- The Health and Wellbeing Board also agreed that the *COVID-19: Mental Health Rapid Impact Assessment*, Southwark's Joint Strategic Needs Assessment from June 2020 be used to inform the Strategy refresh.
- The approach agreed for the refresh was to have a partnership arrangement between the Council (children and adults services (CAS), and public health teams) and the CCG. The leads identified were Genette Laws from Southwark Council CAS, Farrah Hart from Southwark Council Public Health, and Sam Hepplewhite and Nancy Kuchemann from SEL CCG Southwark Place-based Team. It was agreed that Katherine Kavanagh, Healthy Populations Commissioning Lead in the Partnership Southwark Commissioning Team would lead the development of the strategy.
- The approach to be taken in developing the strategy would incorporate:
  - Promoting population mental health and wellbeing
  - Improving the range of and access to mental health and wellbeing services
  - Achieving national and local policy imperatives
  - Delivering good outcomes and improved value for money
  - Reducing stigma and building confidence

## 5. **Southwark Joint Mental Health and Wellbeing Strategy Refresh 2021 – 24**

The final draft of the Joint Southwark Mental Health and Wellbeing Strategy refresh 2021 – 2024 will be brought to the Southwark Health and Wellbeing Board for endorsement on 1 November 2021, after taking it to Southwark CAB on 29 September 2021 followed by Southwark LMB of 12 October 2021.

The Strategy's development has been led by the Healthy Populations Team with input from a Steering Group established for this purpose with representation from across the range of health and social care providers and/or stakeholders.

It seeks to achieve national and local policy imperatives and promote the mental health of residents by improving the range and access to services and delivering good outcomes and value for money by reducing stigma and building confidence in services. There is a particular focus of addressing inequity of access and over-representation of Black, Asian and Minority Ethnic communities in relation to mental health services.

Priority areas (workstreams) identified for action include:

1. Prevention and Mental Health Promotion
2. Wellbeing, Information, Advice and Support in the Community
3. Primary Care and Mental health
4. Improving Access to Psychological Therapies (IAPT)
5. Community Mental Health Transformation
6. Wellbeing, Information, Advice and Support in the Community
7. Averting Crises and Reducing Suicide
8. Providing Opportunities for Recovery, Volunteering and Employment Support
9. Older people and Dementia
10. Autism and Learning Disabilities
11. Personalised Care including Personal Health Budgets for Mental Health
12. Hoarding
13. Mental Health Medicines Optimisation
14. Housing and Complex Care and Support
15. Children and Young People's Services.

Overarching priorities for the strategy are workforce development and community engagement and co-design that is informed by local initiatives including the *South London Listens* priority areas for action agreed, and *Southwark Stands Together* recommendations.

Each workstream has provided key priorities areas for delivery over the three years of the Strategy Refresh 2021-24.

Strategy implementation will be overseen by a Joint Mental Health and Wellbeing Delivery Steering Group with representation from all key stakeholders. This will meet quarterly to support delivery of work plans with an emphasis on workforce development and engagement and co-design of planned interventions. The Group's Terms of Reference and membership has been agreed and meetings will commence in October 2021.

## 6. Timetable for Strategy Refresh Development & Implementation

Action	Lead	Date
Approach agreed	Health and Wellbeing Board	15 December 2020
Leads meet to agree implementation plan outline	Genette Laws Sam Hepplewhite Kate Kavanagh Farrah Hart	30 December 2020
Joint Mental Health Strategy Steering Group established	Kate Kavanagh	4 January 2021
Scope of Strategy Steering Group agreed	Genette Laws Sam Hepplewhite Kate Kavanagh Farrah Hart	15 January 2021
Workstreams for Strategy priority areas and Workstream leads identified	Kate Kavanagh	16 January 2021
Strategy Steering Group meets bi-weekly to develop Strategy Refresh 2021-24	Kate Kavanagh Strategy Steering Group/Workstream Leads	February – June 2021
First draft of refreshed Strategy	Kate Kavanagh	15 July 2021
Review and Further Development of First Draft into Final Draft Strategy Refresh	Kate Kavanagh Strategy Steering Group/Workstream Leads	August 2021

Action	Lead	Date
Terms of Reference and Membership of Joint Mental Health and Wellbeing Delivery Steering Group agreed	Kate Kavanagh	August 2021
Interim Report Strategy Development to Southwark Health and Wellbeing Board	Kate Kavanagh	15 September 2021
Final Draft Strategy Refresh 2021-24 to Southwark Children and Adults Board	Genette Laws	29 September 2021
Final Draft Strategy Refresh 2021-24 to CSI Board	Kate Kavanagh	7 October 2021
Final Draft Strategy Refresh 2021-24 to Southwark LMB	Genette Laws	18 October 2021
First Meeting of Joint Mental Health and Wellbeing Delivery Steering Group	Kate Kavanagh	October 2021 (Date TBC)
Final Draft Strategy Refresh 2021-24 to Southwark Health and Wellbeing Board for endorsement	Kate Kavanagh	1 November 2021



## **Policy framework implications**

- 7. N/A
- 8. N/A

## **Community, equalities (including socio-economic) and health impacts**

### **Community impact statement**

- 9. In agreeing the refresh of the Mental Health and Wellbeing Strategy 2018-21 at its meeting of 21 December 2020 the Health and Wellbeing Board was appraised of the risk that not refreshing the Mental Health and Wellbeing Strategy in light of the experiences and outcomes for local residents during the COVID-19 pandemic would pose.
- 10. It would not reflect the disproportionate detrimental effect of the COVID-19 pandemic on the mental health and wellbeing of Southwark's most vulnerable communities; or enable the local health and care economy to collaboratively redress the health inequalities faced by those residents by formulating a strategy for that purpose.
- 11. The mitigation for this risk was to refresh the strategy to inform the system's holistic response in address inequalities and unmet needs of vulnerable population groups in Southwark

### **Equalities (including socio-economic) impact statement**

- 12. The strategy has been informed by local intelligence and the Joint Strategic Needs Assessments undertaken by Southwark Public Health.
- 13. It has been developed by workstream leads drawn from across the range of stakeholders in Southwark with a specific emphasis on reducing inequalities and addressing priority needs through interventions that are developed and implemented through effective community involvement that reflects best practice developed locally, regionally and nationally.

### **Health impact statement**

- 14. N/A

### **Climate change implications**

15. N/A

### **Resource implications**

16. See 18, below

### **Legal implications**

17. N/A

### **Financial implications**

18. The financial impact has been considered and planned for as part of the strategy development

### **Consultation**

19. The Strategy refresh has been informed by public engagement, and interventions to address identified needs will be co-designed, implemented and evaluated in collaboration with local communities.

20. Best practice in public engagement developed locally and regionally (recommendations for engagement set out by the Southwark Stands Together initiative and taking account of the South London Listens pledges made by local health and care leaders in Southwark and across south London) will be taken into account by workstream leads in developing and implementing the Strategy.

21. Finally, a Joint Mental Health and Wellbeing Delivery Steering Group will coordinate and advise on the delivery of the refreshed Mental Health and Wellbeing Strategy 2021-24. Amongst other priorities, appropriate and relevant public engagement in delivering the Strategy, is one of the Group's key responsibilities.

## SUPPLEMENTARY ADVICE FROM OTHER OFFICERS

### Director of Law and Governance

22. N/A

### Strategic Director of Finance and Governance

23. N/A

### Other officers

24. N/A

## BACKGROUND DOCUMENTS

Background Papers	Held At	Contact
Southwark Joint Mental Health and Wellbeing Strategy 2018-21	Partnership Southwark Integrated Commissioning Team  160 Tooley Street London SE1 2QH	Jubin Mama Project Manager (Healthy Populations)  020 7525 2179
<a href="https://selondonccg.sharepoint.com/sites/Southwark/IC/PCCDocuments/Healthy%20Populations%20Programme/Mental%20Health%20and%20Wellbeing/2020%20MH%20Strategy%20Refresh/2018-2021%20Strategy%20documents/2018-2021%20Southwark%20Joint%20Mental%20Health%20and%20Wellbeing%20Strategy.pdf">https://selondonccg.sharepoint.com/sites/Southwark/IC/PCCDocuments/Healthy%20Populations%20Programme/Mental%20Health%20and%20Wellbeing/2020%20MH%20Strategy%20Refresh/2018-2021%20Strategy%20documents/2018-2021%20Southwark%20Joint%20Mental%20Health%20and%20Wellbeing%20Strategy.pdf</a>		
Mental Health Wellbeing Overview of COVID-19 impacts on Mental Health and Southwark response	Southwark Public Health  160 Tooley Street London SE1 2QH	Jin Lim Acting Director of Public Health (2020)
<a href="#">(Public Pack)Supplementary Agenda No. 1 Agenda Supplement for Health and Wellbeing Board, 11/11/2020 13:00 (southwark.gov.uk)</a>		

## AUDIT TRAIL

<b>Lead Officer</b>	Genette Laws, Director of Commissioning, Children and Adult Services, Southwark Council Sam Hepplewhite, Place Based Director (Southwark), NHS South East London CCG	
<b>Report Author</b>	Jubin Mama, Project Manager (Healthy Populations), Partnership Southwark Integrated Commissioning Team	
<b>Version</b>	2 (HWBB format)	
<b>Dated</b>	2 September 2021	
<b>Key Decision?</b>	No	
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments Included</b>
Director of Law and Governance	N/A	N/A
Strategic Director of Finance and Governance	N/A	N/A
List other officers here		
<b>Cabinet Member</b>	Yes	N/A
<b>Date final report sent to Constitutional Team / Scrutiny Team</b>	2 September 2021	