

Health and Wellbeing Board

MINUTES section of the Health and Wellbeing Board held on Wednesday 11 November 2020 at 1.00 pm this was a virtual meeting.

PRESENT: Councillor Kieron Williams (Chair)
Dr Nancy Kuchemann (Vice-Chair)
Councillor Evelyn Akoto
Councillor Jasmine Ali
Sarah Austin
Cassie Buchanan
Councillor Helen Dennis
Sam Hepplewhite
Jin Lim
Chris Mikata-Pralat
Catherine Negus
Councillor David Noakes

OFFICER PRESENT: Lynn Bjerke, Christina Cackett, Lucy Canning, Clare Crumpler, Layla Davidson, Clizia Deidda, Russell Don, Linda Drake, Emily Finch, Stephen Gaskell, Heather Gilmour, Laura Gurney, Farrah Hart, Ranjeet Kaile, Nicola Kingston, Genette Laws, Kat MacCann, Louise Neilan, Richard Pinder, Kirsten Watters, Chris Williamson

OTHER(S) PRESENT: Elizabeth Rylance-Watson

OFFICER SUPPORT: Poonam Patel, (Constitutional Officer, Secondment)

1. WELCOME AND INTRODUCTION

The Chair welcomed everyone to the meeting.

2. APOLOGIES

Advance apologies for absence were received from Eleanor Kelly; David Quirke-Thornton; Jill Lockett and Clive Kay. The Board noted that Heather Gilmour was in attendance on Clive's behalf.

3. CONFIRMATION OF VOTING MEMBERS

Those listed as present were confirmed as the voting members of the meeting.

4. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT

There were no late items for consideration.

5. DISCLOSURE OF INTERESTS AND DISPENSATIONS

There were none.

6. MINUTES

That the minutes of the meeting held on 24 September 2020, be approved as a correct record of the meeting.

7. COVID-19 OVERSIGHT

Chris Williamson, Head of Public Health Intelligence delivered a presentation on COVID-19 monitoring report as part of Southwark's Outbreak Prevention and Control Plan. The presentation covered data on the following areas:

- i. Test and Trace;
- ii. Community testing to date;
- iii. Impacts of local contact tracing and Test and Trace case completion;
- iv. Incidence rates and daily cases;
- v. Case demographics;
- vi. Geographical view of the cases in the borough;
- vii. Hospital admissions; and
- viii. Horizon scan view of the current position from the national alert level to NHS demand.

Jin Lim introduced the covering report as read and the Board noted the following points made:

- Close surveillance of the incidence data would continue along with the rise of incidences for those in the age group 40 to 59.

- Three strands remain in focus in the plan:
 - i. **Prevent:**
 - The Community Health Ambassadors programme was launched and open for registration. Please to contact Community Southwark to register. The programme is open to all residents of Southwark and volunteers linked with Southwark's Voluntary Community Sector.
 - A weekly schedule of proactive deployment and reactive enforcement via the enforcement team was in place.
 - There has been extensive work with the communications team, key partners and communities to reach targeted groups via a diverse range of communication methods; from online forums to leaflets sent by post.
 - ii. **Identify:**
 - Local contact tracing services had been live for five weeks.
 - The Peckham Pulse site was now restored and up and running. Residents no longer need to travel to Milton Keynes for their test.
 - The Department of Health and Social Care confirmed that mass testing via the rapid lateral flow tests approach would occur. The council were looking at this approach very carefully prior to local adoption and learn from existing pilots.
 - iii. **Control:**
 - There was on going work with the Acute Response Team and Public Health England (PHE) to manage local incidences and the consultant-led service runs seven days a week, 9am to 5pm.
- The four detailed appendices included in the report covered:
 - i. Key actions from the last 7 – 14 days around outbreak prevention plan and control;
 - ii. A communications brief about the health ambassadors programme;
 - iii. The emerging lessons and the experience of setting up the contact tracing service; and
 - iv. The three tiers and the escalation framework. Southwark were

at medium before the second lockdown and now at the high-level tier.

The Chair thanked Chris and Jin for their presentations and reports and welcomed all points made.

In response, to a question and answer session the Board noted the following points:

- Important not to rush into the rapid lateral flow tests and to be as efficient and effective as possible in the deployment of mass testing.
- The time lag of data flow from national to local level was due to the national system in place. The difficulties in tracking down cases were being worked through from local knowledge and data intelligence although efforts are being made to resolve matters at operational level with the national team.
- The local percentage of test sites reported a 10 – 11% vs. 5% nationally. This was due to the different elements that contributed to the local percentage for instance it included the data from testing people in care homes.
- The environmental health team were engaging with local businesses in the borough about the exposure (potential transmission) sites and deploying their enforcement and regulatory services to protect local communities.
- The data had shown that rate of transmission in local business sites and schools were relatively low.
- The Charles Dickens Primary School had been selected as part of the HSC pilot to have a full health and safety inspection related to COVID-19 prior to a national roll-out.
- The Deputy Leader of the council had sent a letter to the Secretary of State in response to schools remaining open during the second lockdown and the associated costs from the impacts of COVID-19. The letter had reflected upon the pressures of maintaining children's mental health wellbeing, keeping schools sanitised, retaining and sustaining a workforce, and providing key resources. The letter had asked for more funds to support schools in these areas.
- The public health team receive notifications from PHE and universities of any reported incidents (rates of transmissions) or issues that the council should be made aware of. The team have direct contact with the universities

and the operators of halls of residence to enable a collaborative approach in handling the reported incidents. The universities and the halls of residences have their own outbreak prevention and control plans, which are reviewed when the team are notified of reported incidents. Additionally, there was a hope to rollout the community ambassadors scheme to some of the students so they can communicate and cascade key messages internally within their own student platforms and forums.

- The rates were not high in universities. Although, there are a high number of students self-isolating, consequently their mental health was of a concern. There are intentions to move to a risk based approach and to trial this at LSE. The public health team will be hosting a virtual Town Hall event for the universities and their student representatives to offer public health guidance and a Q/A session.
- When reviewing the rollout of the rapid lateral flow tests, the universities could be considered a priority.

The Chair thanked everyone for their contributions to this Item, all internal and external stakeholders, partners, schools and the people of Southwark for their commitment to following the public health rules and abiding to the national restrictions in place to keep everyone safe.

RESOLVED:

1. That the Health and Wellbeing Board received and noted the update from the Outbreak Prevention and Control Executive on the actions taken to implement the Southwark Outbreak Prevention and Control Plan (OPCP) and to prevent, identify and control the novel coronavirus pandemic in Southwark (Appendix 1).
2. That the Health and Wellbeing Board noted the increased testing in Southwark and noted the increased capacity with the launch of an additional local test site at Peckham Pulse.
3. That the Health and Wellbeing Board noted the launch of, and to promote with partners the Community Health Ambassadors Programme (Appendix 2).

8. MENTAL HEALTH AND WELLBEING

Farrah Hart, Public Health Consultant presented an abridged presentation of Appendix 1 of the report, COVID-19: Mental Health Rapid Impact Assessment, Southwark's Joint Strategic Needs Assessment. The abridged presentation covered the following slides:

- i. The COVID-19 pandemic has exacerbated the risk factors for poor mental health and weakened the protective ones.
- ii. The COVID-19 pandemic impacts on mental health and wellbeing across the life-course: summary of concerns.
- iii. Thrive LDN is a London wide initiative to improve the mental health and wellbeing of the all Londoners.

Sam Hepplewhite, Place Based Director (Southwark), NHS Southwark East London CCG presented pages 75 to 81 from Supplemental Agenda Pack No. 1; NHS SEL CCG and Southwark Council Joint Mental Health and Wellbeing Strategy 2018 – 2021.

Dr Nancy Kuchenmann (Vice-Chair) introduced pages 1 to 9 from Supplemental Agenda Pack No. 2; Reshaping our Mental Health Services Across South East London. Emily Finch, Clinical Director of South London and Maudsley, NHS Foundation Trust presented the Southwark Community Transformation – current focus areas from the same presentation pack.

Ranjeet Kaile, Interim Director of Communications of South London and Maudsley, NHS Foundation Trust presented the COVID-19: Preventing a mental ill-health crisis across south London from Supplemental Agenda Pack No. 3, page 1.

The Chair thanked everyone for their presentation and the accompanying report. It was noted that the Board welcomed the points made in each of the presentations and all opportunities to refresh the Joint Mental Health and Wellbeing Strategy.

In response to a question and answer session the Board noted the following points:

Presentation: NHS SEL CCG and Southwark Council Joint Mental Health and Wellbeing Strategy 2018 – 2021

- Immediate priorities as part of the refresh strategy would include looking at wellbeing, in terms of responding to a large population that were not generally feeling good. Additionally, in response to the new models of care there was an opportunity to look at the workforce being flexible about considering different ways of working.
- The refreshed strategy to be done without delay to reflect the current times and build upon it. For example, to include a refresh of the 'Talking Therapies' section and to draw upon the positives from the community offer.
- Include in the strategy how services like the Nest and the Wellbeing Hub were delivering their services during the second lock down to advocate the mental health prevention agenda.

- To be mindful about the unpaid carers when thinking about the workforce and reaching those on the frontline.
- Supporting families that had been unable to visit care homes. There are over 400 people in the care homes, which was affecting over 400 families in the borough.

Presentation: Reshaping our Mental Health Services Across South East London presentation

- 2021/22 the projected funds are for the integrated care system and £121m will be distributed across six south London boroughs and the amounts for allocation were still being assessed to consider borough need. The funds are expected to be in the region of £366m for 2023/24.
- Immediate priorities include, how services were delivered, supporting the workforce and being open, so people could bring their problems to the services.
- In response to the waiting lists for Talking Therapies, a review going on a South East London level to look at the pressures and try and identify new ways of working and/or solutions like new ways of investment.
- Need to think about families and the impacts of family breakdowns due to stress during the first lockdown. A demand in services in the Children and Families Directorate had occurred. Need to consider a more targeted approach to identify what immediate support could be offered in going forward.

It was noted, that Chris Mikata-Pralat, Chief Executive of Community Southwark welcomed the opportunity to link Farrah, Ranjeet and Emily with the mental health networks and local VCS groups.

The Chair concluded the discussion by highlighting the common themes for inclusion in the refreshed strategy:

- i. Open and accessible services;
- ii. Striking a balance between the focus on mental health and wellbeing;
- iii. Workforce;
- iv. Effective Community engagement; and
- v. Tracking progress to delivery.

It was noted that there was scope for the Joint Mental Health and Wellbeing strategy to be as creative and integrated as possible. And, be further enriched from including the key outcomes from the listening events held during the summer with

the local communities, partners and stakeholders.

RESOLVED:

1. That the Health and Wellbeing Board noted the report and its contents being that the report provides an update on the mental health impacts of the coronavirus pandemic, as well as the local response across Southwark.
2. That the Health and Wellbeing Board requested a report back on the Partnership's actions to implement the local priorities identified in paragraphs 15 – 26.
3. That the Health and Wellbeing Board requested that the issues identified by communities as set out in paragraph 11 were considered in the implementation plans for the NHS and Council recovery plans.
4. That the Health and Wellbeing Board receive at the next meeting a report setting out the proposed approach to refresh the Joint Mental Health and Wellbeing Strategy.

9. SOUTHWARK STANDS TOGETHER

The following points were noted in response to the verbal update:

- The council accepted the Southwark Stands Together (SST) recommendations and work was going on to achieve them right across the council with an oversight group in place.
- In response to the public health strand, there is direct liaison with the CCG, NHS, VCS and with the communities following the listening and round table events during the summer.
- The internal and external stakeholders and partners were all involved to help deliver upon the action plan, which they helped to establish.
- Funding is in place to shape the health inequalities framework and action plan.
- The Borough Based Board accepted at their last meeting the SST recommendations and the Health strand findings.
- Some of the key recommendations put before the Borough Based Board were addressing:

- i. The lower uptake on prevention i.e. screening;
 - ii. The lower uptake on health improvement services i.e. weight management and smoking cessation; and
 - iii. The variation of detection and management of hypertension and diabetes.
- Worked closely with CCG, NHS and VCS on developing recovery plans.
 - A report back to the Guy's and St. Thomas' Governing Board was scheduled.

The outcomes to date could reach beyond Southwark and be considered for implementation more widely.

10. PUBLIC QUESTION TIME

Public question 1 from Mrs Elizabeth Rylance-Watson

“South London and Maudsley Board Assurance Framework September 2020 below reports the highest level of risk consistently since June 2018 against workforce. So, how does the HWB intend to assure itself that any of today's papers on Mental Health are either realistic or achievable?”

In response, Councillor Dennis gave assurances that she had recently been appointed to re-join the Council of Governors Board at SLaM within her new capacity as Cabinet Member for Social Support and Homelessness. Questions relating to workforce was a regular topic for the Board at SLaM and the reports would continue to be closely examined for this Board.

Public question 2 from Mr Tom White

“King's A&E remains the WRONG DOOR for people in Mental Health crisis. July, no out of hours psychiatrist. October, no bed for an adolescent. Does this Board accept that it is time to call time on NHS total refusal to allow the Maudsley its own ED in collaboration with Kings?”

In response, Councillor Akoto emphasised the need to know the specific details, if the performance and monitoring reports were not presenting problems that may exist. It was noted, in Mr White's absence that he should be advised to provide specific details of the matters he had raised with the Vice-Chair, Dr Nancy Kuchemann.

11. FUTURE MEETING DATES

The future meeting dates were noted. The next meeting will be held on 21

December 2020 and the Air Quality status annual report 2019 would be presented.

It was noted that an updated performance report on all other health matters would be taken by the Board in 2021.

Meeting ended at 3.00pm.

CHAIR:

DATED: